



HIGHLIGHTS

Celebration of Achievement	Page 3
Year 8 Camp	Page 4
Class of 2020 Formal	Page 10
Class of 2020 Art Show	Page 7

DIARY DATES

- Monday, 22 February**
School Photos Catch Up
 - Monday, 22 February**
SVC Induction Assembly - 9am
 - Tuesday, 2 March**
Open Evening - 4:00pm-8pm
Student Dismissal 2:30pm
 - Wednesday, 3 March**
Fun Run - Lessons 1 + 2
 - Friday, 5 March**
Sports Day - 7:30am – 1pm
 - Monday, 8 March**
Adelaide Cup Public Holiday
 - Sunday, 14 March**
Pedal Prix Velodrome Sprints Race
 - Wednesday, 17 March**
Governing Council Meeting - 6pm
 - Tuesday, 23 March**
Unplugged Workshop - 6:30pm
 - Wednesday, 24 March**
NEV & NZ Track & Field
- Visit our [website](#) for a complete calendar

2021 TERM DATES

- Term 1**
27 January to 9 April
- Term 2**
27 April to 2 July
- Term 3**
19 July to 24 September
- Term 4**
11 October to 10 December

Dear Parents & Caregivers,

It is with great pleasure that I welcome you to the 2021 school year. We had a very smooth, busy, and successful start to the year.

As we begin this year, I would like to take this opportunity to reflect on how fortunate we all are to belong to the Modbury High School community. Our school is a fantastic school with great students, teachers, support staff, and supportive parents. What makes our school great is the way we all work together and ensure that our school's values and culture of achievement continue to be at the centre of everything we do. In 2021, we will continue to work with our students and their families to ensure that Modbury High School continues to deliver high quality education and that every student is given the opportunity to be successful.

Student Free Day

The year began with a day of professional learning for staff on Wednesday, 20 January. The focus for this day was on supporting students to develop positive behaviours and help them to address issues in a positive way.

An expert in restorative justice practices worked with staff to teach them how to effectively apply these practices to address inappropriate behaviours that may arise. Our objective is to encourage students to reflect on their behaviour and consider the effects it can have on others. Students are asked a series of questions to determine what has occurred, and what they need to do to make things right for themselves and others involved.

School Improvement Plan

In 2020, our teachers evaluated the progress made in relation to our School Improvement Plan. After a rigorous process, it was agreed that we will continue our improvement journey which

started in 2019 with a few minor adjustments.

Our three goals for 2021 are:

- a) Increase student achievement in Reading and Writing with the aim of maintaining the number of students who achieve the Standard of Education Achievement (SEA) and increase the number of students who achieve in the higher bands.*
- b) Increase student achievement in Numeracy with the aim of maintaining students who achieve SEA and increase the number of students who achieve in the higher bands.*
- c) To increase the percentage of students reporting high wellbeing in the areas of connectedness to school and emotional engagement with teachers to improve engagement overall.*

Teachers will work in small Professional Learning Teams to explore and implement high impact strategies to ensure that we continue to see an improvement in Literacy, Numeracy and student wellbeing across the school.

Parent Information Evenings

It was extremely pleasing that despite the restrictions due to Covid-19, so many parents attended our Parent Information Evenings. The information evenings are very important because they give parents the opportunity to hear from the year level manager about the school's expectations and overview of the school program for the year. Parents also met with their child's home group teacher and the parents of their child's classmates.

As I emphasise at all parent meetings, I believe that parent involvement in their child's schooling leads to greater learning outcomes and for this reason, I encourage more parents to attend any future parent meetings. I sincerely thank and congratulate the parents who took the time out of their busy schedules to attend.

FROM THE PRINCIPAL

Class of 2020 Achievement Assembly

On Monday, 8 February we held our Class of 2020 Celebration of Achievement Assembly. We proudly welcomed back our highest achievers and acknowledged their outstanding results.

This year six students achieved eight merits in the areas of: Mathematics, Chemistry, Research Project, English and Child Studies. Greta Matthias who achieved an ATAR of 99.2 and was crowned Dux of 2020.

Year 8 Camp

On Tuesday, 2 February three out of the 7 home groups set off for the campsite at Walker Flat. The other four home groups followed on subsequent days. For some students this was very challenging as they did not know anyone. However, this was soon not the case because under the expert guidance of the Ankara staff and the intentional team building activities many new friendships were developed.

Assistant Principal, Hannah Downes and I visited the camp on Thursday and saw how much fun our students were having getting to know each other. The location was great with fantastic views of the river and many engaging activities such as raft making, swimming, orienteering etc. The students returned to school with many new friends and said that they had the best time.

This camp would not be possible without the fantastic organisation and planning by the Year 8 Manager, Ms Vanessa Tricker and the home group teachers who attended the camp with their students. Many thanks to all of them for their amazing work.

Governing Council Annual General Meeting (AGM)

Our Governing Council AGM was held on Thursday, 11 February. Governing Council Chair Martin Crabb spoke of the achievements made by the Council in 2020 and encouraged parents to keep being involved in the life of the school and their child's education.

I presented the Annual Report which highlighted the achievements of our students and teachers and provided different sets of data demonstrating student achievement across the school. The report will be formally endorsed by the council and Education Director then made available on our website shortly.

Elected Governing Council members for 2021 are: Martin Crabb, Michele Enthoven, Anita Smith, Grace Scott, Mathew Green, Tony Morgan, Shellie Fisher and Kirsty Jolly. Rosetta Loveday and Sharon Fahlbusch have been elected as the two community members. Office Bearers will be elected at the first Governing Council meeting which will be held on Wednesday, 17 February.

I look forward to all the exciting new learning experiences that our teachers are planning for the students in 2021.



Joanne Costa
Principal



2020

2020 YEAR BOOK AVAILABLE NOW

HEALTH AND PHYSICAL EDUCATION

The Health and Physical Education team has had another year of growth and...
 The Health and Physical Education team has had another year of growth and...
 The Health and Physical Education team has had another year of growth and...

SPORTS DAY

On Friday 8 March, Modbury High School held our annual Sports Day. As a...
 On Friday 8 March, Modbury High School held our annual Sports Day. As a...
 On Friday 8 March, Modbury High School held our annual Sports Day. As a...

OPEN EVENING

TUESDAY 2 MARCH

ONLY 4 TICKETS REMAIN

Additional tours will be scheduled. Register interest

www.modburyhs.sa.edu.au

CLASS OF 2020 CELEBRATION OF ACHIEVEMENT

On Monday, 8 February we came together as a school community with local dignitaries and the Principal of Modbury South Primary to celebrate with our highest achieving students from the Class of 2020.

The strong culture of achievement, traditions of the past and expectations of outstanding results from MHS students continued with our Class of 2020. The group of students recognised at the assembly are a representation of the entire cohort and their ability to prevail in the interesting journey that was 2020. Overall, the 2020 cohort achieved an improvement on previous year's results with:

- 99.2% SACE Completion
- 20.5% A grades
- 71.3% A and B grades achieved

We acknowledged and celebrated eight Merits awarded to six students, 11 students who attained an ATAR of 90 or above, 19 students who achieved three or more As in their subjects and Dux for 2020, Greta Matthias.

Greta received five A grades resulting in an impressive ATAR of 99.10. Greta also received a Governor's Commendation Award. We have a long standing tradition of students receiving this award, and it certainly was wonderful to see Greta recognised not only for her outstanding results, but her contribution to school through sport, music, events, and her extensive involvement in the community.

Congratulations once again to Greta and thank you for inspiring our students and sharing your advice for Year 12.

We also thank our school band for entertaining us and Home Economics staff and students for providing a delicious morning tea after the assembly.



Louise Woolford
Assistant Principal – Curriculum/SACE



YEAR 8 CAMP



In week 2, our Year 8 cohort went on camp to Ankara, Walker Flat, to enjoy water and land based activities led by the amazing leaders from Active Education. The Year 8 home groups spent two days and one night on the beautiful Murray River, participating in activities that used problem solving and team work to help students get to know each other. This helped to set the foundation for many new friendship groups, some of which may last a life time!

I spent four days at Ankara, getting to know our new Year 8 cohort, and enjoyed watching them get to know each other. Mr Apostolou also attended for the four days and ran the annual Year 8 MHS Disco in the evening, where

some of our Year eights showed some amazing talent on the dance floor. We had a hard time reeling him in on the final night, with at least 8 encores... including the second rendition of Mr Apo's favourite song from a very cold movie... something about 'letting it go.'

The other bonus of having Mr Apostolou's presence on camp (apart from his amazing wit and humour) was his talents as a barista. He did a great job of supplying the MHS and Active Education staff with refreshing, quality caffeine to keep us going through the long days and nights.

In true Modbury fashion, our students were well behaved and respectful, and the Active Education staff had lots of positive feedback regarding our students.

Vujinovic. Our Principal, Joanne Costa, managed some time out from her busy schedule to spend the day with us and make her maiden voyage in a kayak.

Despite the hours of organisation that goes in to arranging a camp for a whole cohort, it is always such a pleasure to see the smiles and laughter of our students as they participate in the fun activities on camp.



Vanessa Tricker
Year 8 Manager



I'd like to thank all of our Year 8 home group teachers who attended; Tony Guiducci, Matthew Jarrad, Emma Baulch, Caitlin Thomas, Nick Apostolou, Nick Krznaric and Belinda Holmes, along with other support teachers; Lynn Gibbons, and Angela Stamati.

Also visiting us on day trips: Geri Botten, Hannah Downes and Jovan



ANKARA, WALKER FLAT



"I felt kayaking was fun and enjoyable... I liked being out on the water!", "I bonded better with my friends that I had recently met" - Chiara (804)

"I enjoyed the intense basketball games during our free time" - Conner (804)

"I liked capsizing my kayak (and watching other students capsize).. It was fun" - Ethan (804)

"My favourite part of the year 8 camp was the raft building, you had to think

of supportive ways to keep the raft afloat with people on it. The food was really good, and all the instructors were really nice to us. The year 8 camp was a very pleasurable experience, and I would highly recommend it" - Kai (810)

"Year 8 camp was a very fun way to get involved in exciting activities and develop new friendships. My favourite part was the raft building, working in teams to try and make the best raft to hold us all while struggling during the process. All the instructors were

amazing and were very supportive in all activities, I really enjoyed camp it was such a memorable experience." - Emily (810)

"Camp was so much fun! We got to do so many fun activities with our friends such as raft building, kayaking, tribal challenges and a scavenger hunt. One of my favourite things about camp was going back into our dorms and talking about random things, it was so funny and we all could not breathe because we were laughing so much." - Ayla (810)



MBC are looking for new players of all age groups and abilities. Contact Peter on 0403 497 247

MODBURY VISTA SOCCER CLUB

MVSC ARE SEEKING OUTFIELD PLAYERS FOR THEIR U17 GIRL'S TEAM

- COME AND JOIN A PROGRESSIVE CLUB WITH AN EXPANDING PROGRAM THAT OFFERS A PATHWAY FROM GIRLS TO SENIOR WOMEN TEAMS.
- WITH TWO NEW SYNTHETIC PITCHES AND STATE OF THE ART CLUBROOMS ON THE WAY, NOW IS THE TIME TO GET ON BOARD!

FOR ENQUIRIES OR TO RECEIVE ADDITIONAL INFORMATION CONTACT:
 JASON BARNDEN
 MOBILE: 0432 753 668
 EMAIL: FEMALECOORDINATOR@MVSC.COM.AU

BRAIN TRAINING FOR TEENS



As part of the Brain Training for Teens program, one of our clinical psychologists visited your young person's school recently to present a session to the students on "Getting It Together".

This session was designed to help students think about how to manage their time, motivation, energy and life balance in senior school. A summary of the information presented is in the box below if you would like to discuss it with your student.

Write lists or have visual reminders of things we need to do.

When there are items we need to remember just "sitting" in our short term memory, we are more likely to forget them and feel stressed - and less likely to effectively learn or do other things. Instead, as soon as we have something we need to remember - we should "get it out of our head" by making a note, using lists or setting reminders. These lists should include specifically what and when we need to do that action.

Create habits or systems for set times/places to do things.

When we do things in habitual or systematic ways they often take less energy to do and we are less likely to procrastinate. In other words, we should think about what tasks can we do in the same place, at the same time, in the same way. Review systems and habits each term because they often need changing.

Do more focused and uninterrupted periods of work/study

Constantly multi-tasking and switching tasks while working/doing activities means we take much longer to do things and make more mistakes. We should do less "minutes" of and more "focused minutes" of activities. To do this we often need to re-arrange or physically make changes in our environment to make it slightly harder to be distracted. Small changes (eg phone on bed instead of right next to us) or closing programs instead of minimising them) can make a big difference.

"Chunk" - set small time/activity goals to get started.

When we don't feel like doing a task, redirecting our attention onto small goals can help. For example, setting a goal of just doing 10 minutes of a big project, or one small task towards it (eg borrow the book, or do a title page, or a paragraph introduction). We can train our brains to focus on just one small bit - and then the next, and then the next - rather than thinking about everything we need to do.

Adjust to "task related pain" - bored, stuck, tired, worried

People who achieve their goals are better at dealing with feeling bored, stuck, tired and worried. We can add in rewards to help ourselves get tasks done (our hot chocolate AFTER our maths), or put in mini "punishments" (I won't talk to my friend unless I get four dot points done, use writeordie.com). Learning to cope with small amounts of "bored, stuck, tired and worried" helps us achieve things we care about.

Images of our (short/long term) future can increase motivation

Creating visual images which reminds ourselves why we are doing something tough can help us stay motivated. If we create pictures about what it would feel like to achieve goals we can increase our motivation.

It was great to work with the students. We have encouraged them to email us with any questions and we will see them next term to talk about revision and stress management strategies. All the best for supporting your teen through senior school.

Kirrilie, Penny and Jacinda (Clinical psychologists, working with children and adolescents)

If you would like more resources from us about supporting young people through senior school please feel free to visit www.developingminds.net.au



DEVELOPING MINDS
Helping kids & teens feel calm, confident,
cooperative and cope with challenges

CLASS OF 2020 ART SHOW

On Thursday, 4 February our 2020 Year 12 Visual Art and Design students were finally able to showcase their work publicly at their Student Exhibition.

The evening was successfully attended by many of the students, friends and family members. The Arts staff were also present to offer Covid safe entry/exits and provide overall positive feedback for our guests. It was wonderful to see the students so happy and relaxed now that their final year of school has finished.



After such a challenging year, I was so proud to have all the class pass and achieve a vibrant exhibition of such varied work. Two of our students have had their work selected to be part of the 2021 SACE ART SHOW.



The show runs from Tuesday, 23 March until Friday, 16 April at the Light Square Gallery, Adelaide City.

Louisa Batriev (Design) Textile Fabric Design and Informative Graphics, Maurice Karpany (Art) Pondi & Ngarunderi (painting), Connections (football)

This is such a great opportunity for these students to represent the school and a reward for their hard work, creativity and skills.

Well done to all Year 12 Visual Art and Design students from 2020.



Amanda Lewis
Art Teacher

SACE MERIT CEREMONY

I was honoured to attend the 2021 SACE Merit Ceremony at Government House on Monday, 1 February to celebrate the high achievers and award recipients from the Class of 2020.

It was universally acknowledged that 2020 was one of the hardest years in recent memory and students were praised for their resilience and adaptability, with a record number of students achieving their SACE.

COVID restrictions resulted in a slimmed down version, with the awards being conferred over several days. His Excellency, the Honourable Hieu Van

Le, Governor of South Australia presented 25 students with the prestigious Governor Commendation Award for their outstanding academic achievement, along with a commitment to the community through a range of activities including raising \$11,000 for cancer research in The World's Greatest Shave and enabling the elderly in care to remain connected during COVID through teaching them how to use iPads.

Modbury High School's Greta Matthias was recognised for her ongoing contribution to the school's sporting

and music program, her outstanding academic achievement and involvement in the community.

Following the commendations, students achieving Merits in three subjects were presented with their certificates by the Premier of South Australia, Mr Steven Marshall. Kiah Divall received hers for Merits in Child Studies, English and Research Project. MHS students Chantelle Andrews, Tasnuva Tahabub, Callum Edwards and Hassan Safi were presented with their Merit certificates at other ceremonies.

It was wonderful to see the pride felt by Greta and Kiah's family members – their achievement all the more outstanding because over 15,000 students completed SACE in 2020.



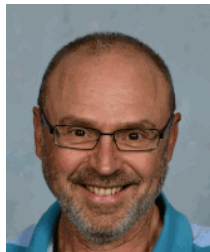
Helen Thomas
English Teacher

CONTACT US

To contact a staff member via email, either click on their image below or type their address following this format:
 First name.Surnamenumber@schools.sa.edu.au

If you have any concerns regarding learning or wellbeing, your student's home group teacher should be your first point of contact.

HOME GROUP TEACHERS



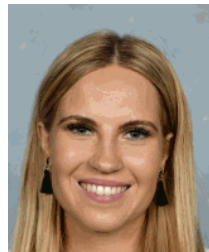
Tony Guiducci 946
HG: 802



Matthew Jarrad 42
HG: 803



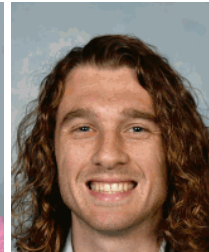
Emma Baulch 917
HG: 804



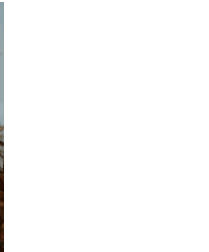
Caitlin Thomas 574
HG: 810



Nick Apostolou 731
HG: 811



Nicholas Krznaric 550
HG: 812



Belinda Holmes 530
HG: 813



Cass Mewett 731
HG: 905



Brendan Schiller 353
HG: 914



Maida Zellmer 642
HG: 9A1



Stephen Collings 207
HG: 9A1



Martin Smith 20
HG: 9A2



Karl Read 297
HG: 9A5



Ros Hannaford 220
HG: 9A6



Pippa Sheridan 661
HG: 1015



Sandra Gill 813
HG: 1016



Adam Braley 29
HG: 1021



Sia Eleftheriou 394
HG: 10H1



Kristina Palmer 612
HG: 10H2



John Bohmer 136
HG: 10W1



Amanda Lewis 866
HG: 9A6



Vivian Nguyen 626
HG: 1108



Faina Kanter 54
HG: 1117



Simone Nash 21
HG: 1118



Andrew Rowberry 872
HG: 1119



Danny Craig 484
HG: 1120



Livy Benias 221
HG: 1120



Amanda Kampes 860
HG: 12F1



James Dundon 341
HG: 12F2



Mary Fisher 926
HG: 12F3



Chris Goult 306
HG: 12F5

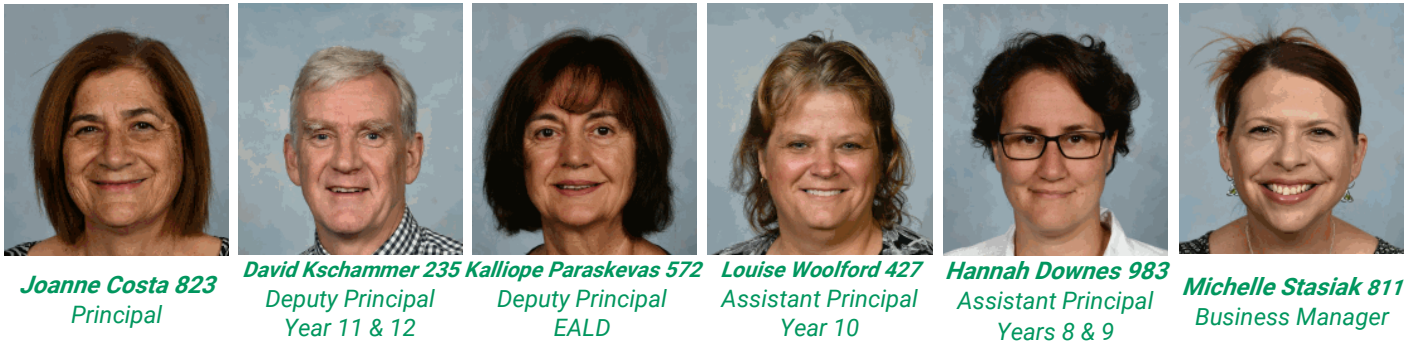


Son Vu 599
HG: 12F6



Helen Thomas 610
HG: 12F7

EXECUTIVE TEAM



Joanne Costa 823
Principal

David Kschammer 235
Deputy Principal
Year 11 & 12

Kalliope Paraskevas 572
Deputy Principal
EALD

Louise Woolford 427
Assistant Principal
Year 10

Hannah Downes 983
Assistant Principal
Years 8 & 9

Michelle Stasiak 811
Business Manager

YEAR LEVEL MANAGERS



Vanessa Tricker 380
Year 8 Manager

Tom Bartlett 18
Year 9 Manager

Lyn Gibbins 594
Year 10 Manager
Term 1

Marg Vivian 676
Year 10 Manager
Term 2-4

Navi Khokhar 981
Year 11 Manager

Glen McKie 709
Year 12 Manager

LEARNING AREA COORDINATORS



Ben Fuller 778
Arts

Tim Hankins 687
Daily Organisation

Simone Nash 21
English

Brendan Schiller 353
Health & PE

Cass Mewett 731
Humanities

Amanda Kampes 860
Languages



Glen McKie 709
Maths / STEM

James Dundon 341
Science / STEM

Wayne Ferguson 340
Technology /
Home Economics

Swati Phatak 832
Student Support

Angela Stamati 161
VET / Cross
Disciplinary

Jovan Vujinovic 357
Counselling



Geri Botten 820
Counsellor

Lauren Brady 798
MAP / FLO

Marisa Hammer 236
ASETO

Ashley Trueman 73
Sports

Class of 2020 Formal

On Tuesday 15 December 2020, the year 12 Modbury High School Formal was held at the Adelaide Pavilion.

After such a roller-coaster of a year and many cancellations, the night of the year 12 Formal began. Everyone looked breathtakingly beautiful as groups gathered to take photos once they arrived. We then had our group photo before heading inside the venue to officially begin the night.

The room looked extravagant, a sophisticated black and white theme with accents of silver throughout, complementing the various colours of dresses and suits worn by the year 12 students.

Once the food was eaten and the awards concluded, it was time to party. Bright smiling faces and loud voices echoed throughout the room as favourite songs started playing through the speakers.

Thank you to our DJ, Mr Nick Apostolou, teacher who was able to get us up and dancing for the rest of the evening. A big thank you goes out to Mr Chris Goult for all the time, hard work and sleepless nights in order to make this formal happen.

Another thank you goes out to the Formal Committee who gave up numerous lunch times for meetings and being amazing at problem solving and discussing alternative options when things seemed tough; as well as arriving early to ensure everything was

ready to go before the night began.

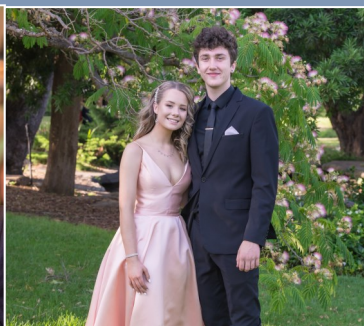
An incredible effort was put in by all and I'm sure this will be a night to remember for many as a send-off for 2020.



Madison Watts
Former Year 12 Student /
Formal Committee Secretary



Class of 2020 Formal



COMMUNITY NEWS



SHINE SA

Relationships & Sexual Health Parent/Carer Information Evening

SHINE SA's Schools Education and Support Team are excited to invite South Australian parents and carers to join us for a 2-hour Relationships and Sexual Health (R&SH) Information Evening at SHINE SA Woodville.

The purpose of R&SH education is to empower children and young people to make informed, safe, responsible and healthy decisions through the acquisition of knowledge, the development of lifelong skills and the exploration of values.

SHINE SA recognises and respects the importance of family as a source of R&SH information, education and values.

Our educators will unpack the SHINE SA R&SH Curriculum and explain more about the services, resources and support available to children, young people and parents/carers.

COURSE DATES:

- 1 April
- 30 June

COST: \$20 *Cost includes tea/coffee and light refreshments*

WHERE: SHINE SA, 64c Woodville Road, Woodville

TIME: 5:30 pm - 7:30 pm

Registration www.shinesa.org.au/courses/parentcarer-info-evening/

Enquiries E School-Support@shinesa.org.au T 8300 5317

COMMUNITY NEWS

Child + Family Services UNPLUGGED

A workshop to help young people aged 12+ and parents learn how problematic gaming can lead to gambling behaviours and to develop practical strategies to support healthier gaming and internet use.

The valuable workshops cover:

- How to create balance, develop alternative interests, and set healthy boundaries in relation to gaming.
- How to identify signs of problematic gaming and gambling and its impacts.
- Game development and the implementation of gambling features ie: micro-transactions, loot boxes, in-app purchases.
- Practical tips and proven strategies to combat problem gaming and gambling behaviours.
- How to manage associated problems (eg: school attendance, sleep issues and difficulty concentrating).

Australian Research

- Of 1200 SA high school students, 11% have been found to use technology at an unsafe level.
- 10% have of young people are using the Internet for more than nine hours per day.
- By age 15, half of all young people have participated in some type of gambling.
- 54% of games on Facebook include gambling themes.
- Five out of 22 popular video games reviewed met the criteria for gambling including the option to cash out winnings.



Date Tuesday, 23rd of March

Time 6..30pm - 8.30pm

Location Modbury High School

Address 62 Pompoota Rd

Bookings <https://www.trybooking.com/BONJS>

Contact unplugged@ucwb.org.au or 8245 7100

UnitingCare Wesley Bowden



Government of South Australia
Department of Education

GET IN TOUCH

modburyhs.sa.edu.au

62 Pompoota Road, Modbury SA 5092

E dl.0964.info@schools.sa.edu.au

T (08) 8264 1955 F (08) 8263 0316

ABSENCE SMS 0427 013 510