

### MODBURY HIGH SCHOOL NEWS

ISSUE 3 2021

#### **HIGHLIGHTS**

Student Voice Assembly Page 2 - 3
Sports Day Page 4 - 7
Art Excursion Page 8
Open Evening Page 9

#### **DIARY DATES**

22 - 26 March Harmony Week

Tuesday, 23 March Unplugged Workshop - 6:30pm

Wednesday, 24 March NEV & NZ Track & Field School Tours (various times) Governing Council Meeting - 6:15pm

Saturday, 27 March Pedal Prix - 8hr Mt Gambier Race

Tuesday, 30 March State Track & Field Championships School Tours

Friday, 2 April Good Friday Public Holiday

Monday, 5 April Easter Monday Public Holiday

Friday, 9 April
Term 1 concludes
Students dismissed at 2:30pm

Monday, 26 April Anzac Day Public Holiday

Visit our <u>website</u> for a complete calendar

#### 2021 TERM DATES

Term 1 27 January to 9 April

Term 2 27 April to 2 July

Term 3
19 July to 24 September

Term 4
11 October to 10 December

Dear Parents & Caregivers,

The last four weeks have been extremely busy with several key events such as Opening Evening and Sports Day taking place.

Our students and teachers are continuing to work well to achieve our school goals of improvement in reading, writing, numeracy and wellbeing.

#### Student Voice

On Monday, 22 February, our Student Voice representatives were presented to the whole school at a special assembly held in their honour. During the assembly, students pledged their commitment to serve the student body and work to make our school an even better school.

Dr Richard Harvey MP gave a speech on the topic of leadership, highlighting his own experience as a leader. Following the assembly, students were involved in workshops aimed at providing them with the appropriate skills to be an effective student representative. The students worked together to unpack what makes a good lesson. It is envisaged that the students will share their findings with the teaching staff.

#### Open Day

On Tuesday, 2 March, we held our Open Evening. Students and teachers worked together to showcase all the wonderful activities and excellent learning which takes place at Modbury High School. Many visitors commented on how impressed they are with the obvious dedication, commitment and passion displayed by our teachers and students.

Unfortunately due to Covid-19 restrictions we had to limit the number of parents on site, which resulted in some families missing out. To allow interested families the opportunity to see our school prior to putting their preferences in at the start of term two,

we have scheduled extra tours both during school hours and after hours.

Thank you to all the staff, students and Governing Council Chair Martin Crabb, for their amazing work in making the Open Evening a great success.

#### Sports Day

Our annual Sports Day was held on Friday, 5 March. It was a great day, with many students actively participating in the events. The oval was full of colour with all the students dressed in their house colour. It was also fantastic to see so many parents attending and cheering their students on.

Once again, Gilmore was triumphant winning first place with Lawson coming in second, Wright placing third and Thiele finishing in fourth place.

Congratulations to the Health and Personal Development Coordinator, Brendan Schiller, and his team of teachers for the planning and organisation of a very successful Sports Day.

#### **Governing Council**

Following the Governing Council AGM on Thursday 11 February, the first meeting was held on Wednesday, 17 February. The following members were elected as office bearers:

Chair Martin Crabb
Deputy Chair Nina James
Treasurer Tony Morgan
Secretary Michele Enthoven

I am looking forward to working closely with Governing Council to continue the improvement work which commenced in 2019 as well as setting the school's strategic directions.



Joanne Costa Principal

#### STUDENT VOICE INDUCTION ASSEMBLY & CONGRESS

On Monday, 22 February, students elected to the Student Voice Council were recognised at a formal assembly. We were looking forward to having Dr Richard Harvey, MP for Newland, attend the occasion and talk to us about the importance of leadership within a community such as a school. We were very thankful for his help with presenting council members with their badges and the school captains with their formal jackets.

After enjoying morning tea prepared by year 11 home economics students and staff, SVC leaders joined Mrs Downes and the year level convenors for a day to collaborate and discuss ideas for improvements that could be made for the new year.

Each captain, along with year 12 SVC members, supported the other year levels with icebreaker games as a get-to-know-you activity. All year levels enjoyed their games, which was especially important for the year 8 and 9 students who may not have met each other before, and were able to work well together for the remainder of the day.

The day also included electing a chair, vice-chair and secretary for each year level for 2021. The elected students then completed their first job by managing and supporting their group with brainstorming ideas to help students feel comfortable and prepared to excel in their studies. The SVC reviewed and updated the constitution before discussing new school clubs and other activity ideas. This brainstorming leads to many ideas that were noted and considered by captains and convenors.

As school captains, we enjoyed sharing our ideas with the rest of Student Voice and particularly benefited from working with other year levels. We were able to gain great ideas about involving the student body around the school and look forward to working with the SVC to implement these ideas over the year.

We would like to thank everyone who helped with the assembly and all those who were a part of making this day a success!

Klio Bruckner Captain

Sumbica Acharya Vice Captain



Klio Bruckner Captain





Cooper Whitbread Vice Captain



Sumbica Acharya Vice Captain



#### STUDENT VOICE INDUCTION ASSEMBLY













#### **STEM**

Congratulations to Ms Navi Khokhar who has won a scholarship to study STEM at Flinders University. Only 40 teachers in South Australia were selected to do the government funded course at Flinders University.

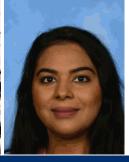
STEM is an approach to learning and development that integrates areas of science, technology, engineering mathematics. Through STEM, students develop key skills including digital literacy problem-solving, creativity, critical analysis, teamwork, independent thinking, initiative and communication.

The continual advances in technology are changing the way students learn, connect, and interact every day. Skills developed by students through STEM provide them with the foundation to succeed at school and beyond. STEM empowers individuals with the skills to succeed and adapt to this changing world.

As part of the course, Ms Khokhar will undertake training to teach students STEM projects such as programming a robot installed in a car and boat to assist monitor weather and assist a rescue team









Interested students will be soon be asked to nominate for the MHS STEM Club known as STEAMWORKS. This voluntary club will meet between 3:20 - 4:30pm most Tuesdays and/or Wednesdays, starting soon!

Students may choose to work on a short-term or long-term STEM project, either individually or in a small group, while making use of the support of volunteer staff from a range of faculties. We are hoping to provide a range of activities for students to choose from such as 3D design and printing, electronic music making, coding through Lego Mindstorms and VEX robotics, Arduino, JavaScript and or Python and several other exciting projects. We hope that eventually members will identify and develop their own ideas about what they would like to explore and/or create within this ultimately student-driven club.

Members will also have access to STEM-related presentations, webinars, activities an excursions held by universities, industry community employers organisations. Keep an eye out for online nomination forms coming soon!





## **SPORTS DAY**

On Friday, 5 March we held our annual Sports Day. As in the past, the four houses named after famous poets and authors: Gilmore (Yellow), Wright (Red), Lawson (Blue) and Thiele (Green) competed for the "Dean Stringer House Shield." In honour of Dean's contribution to the Modbury High School community, the shield was awarded to the winning house.

In what was a busy week here at MHS with Open Evening, school tours, heats, and the Fun Run, the scene was set for a successful day. Once again a number of staff and students assisted with the set up the evening before and then in the morning before the sun came up. There was a buzz of anticipation, and good numbers early even though it was a little on the cool side. The house tent banners were flying proudly, creating a charged atmosphere. Field events, finals of the hurdles and the 1500m events started at 7.30am sharp followed by Mr Brendan Schiller's welcome address to students, staff and parents at 8.40am.

The traditional opening ceremony featured the popular "Modbury High School Flame Relay." The Year 12 House Captains sporting achievements were highlighted whilst proudly modelling their team shirts and carrying an Olympic style torch around the track before the symbolic lighting of the cauldron by last year's winning captains of Gilmore. Mrs McKie, the announcer for the day was heard describing strong competition, great sportsmanship and a ridiculous number of records being broken, 18 in all.

The feeling of teamwork and cohesion with an air of competition provided proof of the benefits of Sports Days. Mr Nick Apostolou with the help of Daniel again provided the musical entertainment as well as the PA system creating a symbolic sound, which filtered around the ovals and revitalized the place with energy. The high level of participation, enthusiasm and teamwork of both students and staff demonstrated a strong commitment to the schools' values and high level of support for their house teams. The SRC were providing food and drink refreshments with the year 12s fundraising also. Terriann Dearden was active snapping many action shots of the day, capturing many great memories.

#### ATHLETICS HOUSE POINTS 2021

Year	Gilmore	Wright	Lawson	Thiele
8	381	290.5	154	266
9	328	218	210	150
10	209	181	262	202
11	222	83	379	62
12	280	204.5	194	154.5
officials	40	60	50	70
relays	118	92	110	80
<b>TOTAL</b>	1519	1129	1359	944.5

Mr Brendan Schiller once again provided a running commentary on many races and in particular the 100 meter finals. Many students and parent supporters lined the track cheering and offering encouragement to their teams. The crowd offered plenty of support as they cheered each runner home. We had a bit of a timing glitch in the first of the sprints where by the girls had to re-run the race luckily the places stayed the same with Jayde Visser breaking another of her 5 records for the day. Two of which being whole school records, an unrivalled effort and amazing feat by a year 8 student. We look forward to watching Jayde compete at and for the school in the future. Other strong performances included Ben Millar who broke 3 records on the day and broke a whole school record in the high jump. Lawrence French broke records in both the 100m and 200m sprint events. The entire list of new records can be seen in the table on page 5.

We couldn't think of a better way to conclude the day then with the 'Staff versus House Captains relay' which always provides an exciting spectacle. We again had 2 staff teams competing against each of the teams captains, with the P.E crew having a commanding win with a new face in Miss Bianca Ramsey anchoring them home in her new role as an new SSO in the P.E department.

The competition was very strong all day while much closer all around this year the positions stayed fairly the same throughout the day with Gilmore proving to be just too strong again. There was great improvement particularly from the Thiele house and they will continue to get stronger in the future.

Crowned as the Winners of the Stringer Shield, the Gilmore Captains accepted this and the trophy proudly which left Lawson a not too distant second and Wright comfortably in third for this year. A special thanks goes to Miss Bianca Ramsey who has been a key figure in the organisation of Sports Day. Whilst all who took part can be viewed as winners, special congratulations go to the classes & individuals who won their respective competitions. Well done to all.

We look forward to taking our strongest team possible to the upcoming Vista and SSSA athletics carnivals. Based on the performances we saw on Sports Day, we are quietly confident and excited to see how we go.

Brendan Schiller
HPE Coordinator





## **SPORTS DAY**

#### HOME GROUP CHAMPIONSHIP 2021

Class	Total	Boys	Girls
802	227	95	132
810	225	135	90
813	180	68	112
811	171	71	100
812	159	75	84
803	68	45	23
804	56.5	27.5	29
004	30.3	27.3	23
914	201	126	75
9A1	197	108	89
905	150	52	98
9A2	149	63	86
9A6	130	87	43
9A5	64	48	16
1016	253	66	187
10W1	239	159	80
10H1	168	132	36
10H2	99	50	49
1015	59	59	0
1021	35	28	7
1119	249	56	193
1118	237	177	60
1120	156	78	78
1108	47	28	19
1117	32	19	13
12F2	225	129	96
12F5	172.5	94.5	78
12F1	155	58	97
12F7	147	127	20
12F6	70	18	52
12F3	42	3	7

#### NEW RECORDS 2021

Year	Name	Event	Record
8 Girls	Jayde Visser	100m	13.61s
8 Girls	Jayde Visser	200m	29.91s
8 Girls	Jayde Visser	400m	1.09.33s
8 Girls	Jayde Visser	Long Jump	4.17m
8 Girls	Jayde Visser	High Jump	1.48m
8 Girls	Belle Parrish	800m	3.01s
8 Boys	Keoni Whenan	800m	2.38s
8 Boys	Kai Goulding	High Jump	1.61m
9 Girls	Caitlin Fraser	Discus	31.35m
9 Boys	Lawrence French	100m	12.08s
9 Boys	Lawrence French	200m	26.73s
10 Boys	Ben Millar	100m	12.14s
10 Boys	Ben Millar	High Jump	1.91m
10 Boys	Ben Millar	Hurdles	16.35s
Senior Girls	Lily Donsberg	200m	30.90s
Senior Girls	Emmy Murphy	High Jump	1.41m
Senior Boys	Nick Paterson	200m	25.58m
Senior Boys	Jackson Haren	High Jump	1.80m



Year 10 student Ben cleared 1.91m in the High Jump. This is the highest jump ever at Modbury!



Year 8 student Jayde set 5 new records, ran the fastest 400m and recorded the highest high jump across all year levels (girls) ever recorded at MHS!

#### HOME GROUP GAMES SHIELD 2021

Year 8	813
Year 9	9A5
Year 10	10H1
Year 11	1118
Year 12	12F2



## **SPORTS DAY**

#### **BOYS ATHLETICS RESULTS**

#### GIRLS ATHLETICS RESULTS

Name	Place	Points	House	Year	Name	Place	Points	House
Michael Van Der Hoek	1	49	WRIGHT		Jayde Visser	1	65	GILMORE
Noah Daw	1	45	GILMORE	8	Belle Parrish	2	50	GILMORE
Ricky Ditria	1	40	THIELE		Imogen Janicki	3	40	WRIGHT
Seth Nunez	1	45	LAWSON		Jade Pelton	1	81	GILMORE
Lawrence French	2	41	WRIGHT	9	Samantha Martin	2	42	LAWSON
Joshua Taylor	2	35	GILMORE		Lianna Lineage	3	39	GILMORE
Ben Millar	1	50	GILMORE		Lauren Edwards	1	75	LAWSON
Ethan Haren	2	45	WRIGHT	10	Jess Goulding	2	33	GILMORE
James Watkins	3	35	THIELE		Vicki Rowe	3	32	WRIGHT
Charlie Hillier	1	82	GILMORE		Dominique Van Zyl	1	82	LAWSON
<b>Bradley Martin</b>	2	72	LAWSON	11	Emmy Murphy	2	45	LAWSON
Ewan Fraser	3	32	LAWSON		Mali Emery	3	44	GILMORE
Cooper Whitbread	1	64	LAWSON		Caitlan Fahlbusch	1	64	GILMORE
Nick Paterson	2	43	GILMORE	12	Emily Bohutinsky	2	63	WRIGHT
Jordan Goris	3	42	GILMORE		Sapphire Hurcombe	3	32	LAWSON

#### **FUN RUN**

Modbury High Schools annual 'Fun Run' was held this year on participate put in a great effort to secure some vital points for athletic points for their house.

We had perfect weather, with it being a rather cool morning to run the event, with some taking advantage of this, running some great times while others decided to take the more Congratulations to each of the year level winners and leisurely approach to complete the run. Those who did

Wednesday, 3 March. The Fun Run is used as a lead into Sports their houses. Most did very well to complete the 3km course for Day and gives all students the opportunity to participate to earn years 8 and 9 and the 4km course for years 10 to 12. It was an excellent turn out by year 8 students, and it would be great to see more support for the event by senior students in the coming years.

placegetters.



## **FUN RUN RESULTS 2021**

8 Boys	Noah Daw	13.04	GILMORE
8 Girls	Belle Parrish	13.44	GILMORE
9 Boys	Joshua Taylor	11.54	GILMORE
9 Girls	Jade Pelton	16.28	GILMORE
10 Boys	James Watkins	16.49	THIELE
10 Girls	Lauren Edwards	20.46	LAWSON
11 Boys	Bradley Martin	16.01	LAWSON
11 Girls	Dominique Van Zyl	22.07	LAWSON
12 Boys	Jaxon Sangster	14.45	LAWSON
12 Girls	Caitlan Fahlbusch	23.15	GILMORE



# **SPORT**







































#### YEAR 11 VISUAL ART EXCURSION

On Friday, 26 February, Ms Lewis and her year 11 visual art students spent the day being visually inspired in the city. They explored the 'Waterhouse' Art/Science History exhibition at the SA Museum and



participated in a sketching session of the 'real' stationary animals in the foyer.

After a short break, they explored the varied collections in the Art Gallery of SA including the current 'Samurai' exhibition, which proved very memorable for several The students must commended on their overall behaviour and willingness to be engaged in each activity. It was a great day out.

"I enjoyed seeing art up close as I have never really done that before. I liked hearing the backstories from the tour guide and looking at the different categories of art." Holly



"I really liked having the tour from the art quide because it gave us some extra background information about the Art gallery pieces. I also loved seeing the Waterhouse exhibition and all of the different types of media that was used to create these beautiful environmental images. I would highly recommend anyone going to see it before the event ends." Amy

"On the excursion I enjoyed the classical paintings that used oil on canvas and the paintings that were so detailed, they looked like real photos. The highly detailed art inspired me to take a more detailed approach to my own artwork. It was fun to sketch the stuffed animals in the history museum as well as just getting a day out of school." Jayden



Amanda Lewis Art Teacher

#### WHY STUDY A LANGUAGE IN 2021?

Languages are an important part of the curriculum and skills attained while language learning can be used in all other subjects. Many believe the only benefit learning a language has is that it makes it easier when travelling to that country. This is not true! Learning a second (third or fourth) language can help with many aspects of life.

- 1. *Connect* with people from different cultures
- 2. Career opportunities increase if you know more than one language
- 3. Feed your brain. People who speak more than one language have improved memory, problem-solving and critical-thinking skills, enhanced concentration, ability to multitask, and better listening skills.
- 4. Boost your confidence. Being able to communicate in a second language and not being scared to make mistakes while doing so makes you more confident in everyday life.
- 5. Gain perspective. You will see things from a different point of view and be able to appreciate your own culture

Students studying Japanese this year will be able to achieve all of this and more. While we can't travel to Japan in 2021, we will be communicating with students in Japan via the internet to learn more about their lives and culture.

Students in all year levels will have the opportunity to cook and eat Japanese food in semester two. Students in years 9-11 will also take their language learning out into the community via excursions. Looking further ahead, plans are well underway for our 2022 Japan Trip. Only 15 students can participate so get in

## Japan Trip 2022

Experience 16 days in the Land of the Rising Sun exploring a different culture, eating delicious food and making new friends.

Visit Tokyo, Osaka, Kyoto, Hiroshima & Asakuchi at a cost of approx. \$4,000.

Express interest now! Ms Amanda Kampes: Amanda.kampes860@schools.sa.edu.au



Amanda Kampes

Coordinator of Languages and International Education



## **OPEN EVENING**

































#### MHS COMMUNITY NEWS

On Saturday, 27 February a group of parents, Governing Council members and students enjoyed a morning walk together at the picturesque Anstey Hill Recreation Park.

The group visited the ruins of the original Newman's Nursery informative encouraging talk about how to

have resilience on your side was shared with the students.

We look forward to welcoming more members of the school community future engagement events to be hosted by the MHS Governing Council.



Come along to an information session the MHS at Community Garden on Saturday, 20 March any time between 9:30am - 11:00am.

Take a look around and have a chat to the Garden Coordinator, Martin to find out how you can get involved.

Enter via the gate on Australia Ave.

If you have any questions contact Martin on 0438 086 768.

You are invited to join an MHS Committee. The committees meet twice per term after hours at a time to be confirmed. A great way to get involved and contribute to the schools success, progression and invest into your child's education environment. You do not need to be a governing council member to participate MHS committee. To request further information or express interest, send an email to the governing council chair by Friday, 19 March: dl.0964.info@schools.sa.edu.au



#### REPORTING A STUDENT ABSENCE

Please inform the school if your child is going to be late or absent and the reason, so we can record the absence correctly and keep track of where students are during the school day.

You can report your child's absence in the following ways:

Text: 0427 013 510 Call: 8264 1955

If your child arrives late to school or needs to leave early, it is very important that they go to Student Services and sign in or out, so that we know when students are on site.

Could you please provide a note in your child's diary if your child needs to sign out early for any reason, as we permission parental need before we can let your child leave the school grounds.

Similarly, a note or text is also helpful when your child signs in late so we can mark the absence correctly, otherwise it be marked as unexplained absence.

#### PEER SUPPORT

Introducing our Peer Support leaders for 2021. This lovely group of year 10 and 11 students are working under the guidance of Mrs Botten to support year 8 students with their transition to high school and with positive education activities.



Keep up the great work Ewan, Hayden, Ryan, Emily, Ella, Matthew, Mikayla, Lydia, Tahlia, Harshal, Alex, Shania, Tiffany, Will, Jamalu, Kyan, Kiran, Kay, Ashlee, Holly, Dominique, Shantele, and Jade.





#### LIBRARY NEWS

Brooklyn was lucky enough to win our Library Valentine's Day competition with her entry of reasons why she loved the book 'Follow Me Back' by Nicci Cloke.

The prize of a \$15 meal voucher at the canteen was not quite a romantic meal for two, but she enjoyed it anyway!

We *love* hearing about titles that students like. If there is a book or an author you would like to see



more of on our shelves, come and talk to us or fill out a book request form. We will do our best to get books in to suit your interests and genres. A date with a book always a great idea!





#### PEDAL PRIX

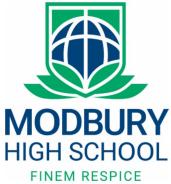
On Sunday, 14 March at the first Velodrome Experience Pedal Prix event, the winning trike in the division 2 final was Cheetah (MHS senior sec trike) and the winning rider was Cooper Whitbread. Mason Green came in at second place in Lynx.

Congratulations Cooper and Mason and well done to all MHS riders and teams who helped make the day a success.









# SCHOOL TO

Wednesday, 24 March 09:10, 09:30, 3:45 4pm, 4:15, 4:30

Tuesday, 30 March

09:10, 09:30

**BOOK NOW** www.modburyhs.sa.edu.au



#### **COMMUNITY NEWS**

# UNPLUGGED

A workshop to help young people aged 12+ and parents learn how problematic gaming can lead to gambling behaviours and to develop practical strategies to support healthier gaming and internet use.

#### The valuable workshops cover:

- How to create balance, develop alternative interests, and set healthy boundaries in relation to gaming.
- How to identify signs of problematic gaming and gambling and its impacts.
- Game development and the implementation of gambling features ie: micro-transactions, loot boxes, in-app purchases.
- Practical tips and proven strategies to combat problem gaming and gambling behaviours.
- How to manage associated problems (eg: school attendance, sleep issues and difficulty concentrating).

#### Australian Research

- Of 1200 SA high school students, 11% have been found to use technology at an unsafe level.
- 10% have of young people are using the Internet for more than nine hours per day.
- By age 15, half of all young people have participated in some type of gambling.
- 54% of games on Facebook include gambling
- Five out of 22 popular video games reviewed met the criteria for gambling including the option to cash out winnings.











Date Tuesday, 23rd of March

Time 6..30pm - 8.30pm

Location Modbury High School

Address 62 Pompoota Rd

Bookings https://www.trybooking.com/BONJS

Contact

unplugged@ucwb.org.au or 8245 7100



UnitingCare Wesley Bowden





#### **GET IN TOUCH**